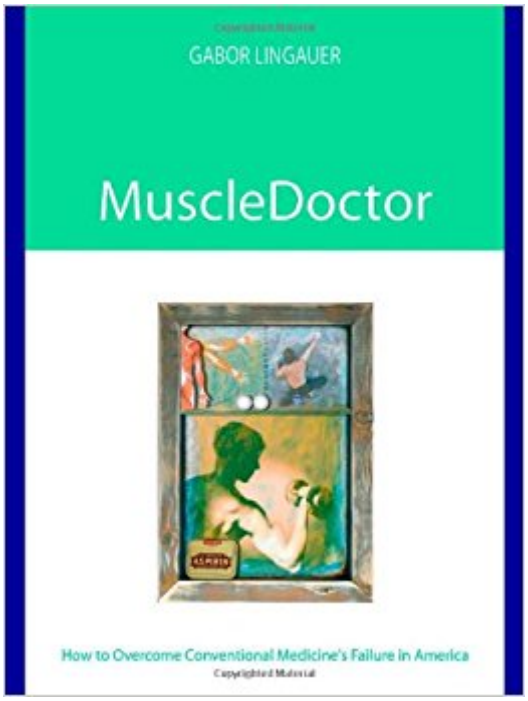
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Synopsis

Proper nutrition and muscle maintenance should be regarded as two basic forms of medicine. MuscleDoctor serves to fill a deep void left by the United States' health-care system which neglects and sidelines people's musculature and nutritional needs. We tend to believe there is grandness only in sophistication; simple things are frequently overlooked. We must not ignore fundamental solutions. Without them, even the most advanced medical treatments are completely useless.

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Customer Reviews

Gabor Lingauer is a native of Hungary. After coming to the US in 1982, he became certified as a massage therapist and he now owns a massage studio with his wife. He is intrigued about how the human musculature affects your physical and mental health, and appalled at how the US medical industry regards pill popping as disease prevention. In his spare time, you can find him enjoying nature and various outdoor activities with his family, such as hiking, bicycling, and kayaking.

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